



News & Views

The latest dairy news

January Class III Price Down 48 Cents

The January Class III price is \$14.50, a decrease of 48 cents from December, but \$3.72 above a year ago. The January Class IV price is \$13.85, a decrease of \$1.16 from the previous month, but an increase of \$4.26 from January 2009.

Retired MMPA General Manger Jack Barnes Dies at 89

Retired MMPA General Manager Jack W. Barnes died on Saturday, Feb. 20. He was 89 years old at the time of his death. Barnes was employed with MMPA for 39 years, the last 26 as general manager of the farmer owned and controlled milk marketing cooperative. He retired from the co-op in 1985.

Barnes served the dairy farmers of this state during a time of great transition and modernization of the dairy industry. He was instrumental in establishing premiums paid to farmers for their milk. He also streamlined the milk marketing system by consolidating small cooperatives into the statewide association. He also guided farmers from a time of milk cans to bulk tanks on their dairy farms. Barnes took pride in leading the cooperative through difficult times with a positive, results-oriented managerial style. His career was molded by his firm belief in the concepts of farmer cooperatives and family farms. He continued his commitment to dairy farmers his entire life.

Barnes is survived by his wife, Betty, son Jim (Diane); grandsons Jeffrey and Scott. He was preceded in death by his son, Ronald.

Contributions in honor of Barnes can be made to: the Michigan 4-H Foundation, University Lutheran Church of East Lansing, the Michigan Dairy Memorial and Scholarship Foundation, Burcham Hills Foundation or Heartland Hospice.

A special tribute to Jack will appear in the next Michigan Milk Messenger.

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Upcoming Events

March

- 5-13 MSU ANR Week – *East Lansing*
- 10-12 Farm Women's Symposium – *Bay City*
- 15 MMPA State Resolutions Committee – *Lansing*
- 16 MMPA State Annual Meeting – *Lansing*
- 26 MMPA Young Cooperator Dairy Leadership Conf. – *Lansing*

April

- 15 MMPA Dairy Communicator Meeting – *Lansing*

Deanna Stamp Retires from MMPA Board of Directors

After 24 years on the MMPA board of directors, Deanna Stamp, District 8, has retired from the board. Her decision to retire coincides with the dispersal of the Dale-Stamp milking herd.

Deanna and her husband Tom, along with her brother Linwood Dale and his wife, Elizabeth, have managed the centennial dairy farm in Marlette, Mich. since the 1970s. This winter, Dale-Stamp Farms sold their herd of milk cows but will continue to raise heifers and crop their 3,900 acres of farm land.

Deanna has served in several leadership roles within the Michigan agriculture industry. In 1986 she was elected to the MMPA board of directors and was also appointed to the Michigan Bean Commission. She has also served on the Michigan Dairy Market Program, the United Dairy Industry Board and in 1996 was appointed by Governor Engler to the Michigan Agriculture Commission. In 1999, Deanna was

named the Dairy Woman of the Year by the World Dairy Expo.

In addition to her leadership, Dale-Stamp Farms has been a leader in milk production and farm management practices. They have received several DHI awards, including progressive breeder in 1995. In 2007 they were named the MSU Dairy Farmer of the Year.

“I’ve always admired Deanna for her knowledge of any issue we discussed and the thought she put into her decision making process,” says MMPA President Ken Nobis. “She always had the ability to remove emotion from emotional issues in the process of making a decision as a board member.”

On behalf of the MMPA membership we want to thank Deanna for her many years of service to the board.



Deanna Stamp (pictured lower left) retired from the MMPA Board in February. She is pictured with her husband Tom (upper left) and brother and sister-in-law Linwood and Elizabeth Dale.

Leonard Brown, Sandusky, Mich., was elected on February 17 by district delegates to fill the District 8 position on the board of directors.

New Studies Link Dairy Intake to Lower Risk of Type 2 Diabetes

Diet plays an important role in the development of type 2 diabetes. Emerging findings from epidemiological studies indicate that consumption of dairy foods and/or dairy food nutrients is associated with reduced risk of type 2 diabetes.

A recent five-year prospective study evaluated the effect of adhering to the Dietary Approaches to Stop Hypertension (DASH) diet, which is rich in fruits, vegetables, and low-fat dairy foods, on risk of type 2 diabetes in 862 adults at four clinical centers in the U.S. For the total population, a weak inverse association was found between adherence to the DASH dietary pattern and development of type 2 diabetes. However, when the data were analyzed by race/ethnicity, a strong inverse association was observed in Whites, but not in

minorities, perhaps due to the small sample size. After adjusting for insulin sensitivity and secretion, the association was strengthened even further in the total population and in Whites. The researchers conclude that adherence to the DASH dietary pattern may potentially prevent diabetes.

A seven-year population-based, prospective study of more than 64,000 middle-aged women in Shanghai, China found that calcium and magnesium intakes were linked to protection against type 2 diabetes. Also, dairy milk, a good source of calcium and magnesium, was inversely associated with type 2 diabetes. The researchers suggest that calcium's protective effect may be explained by its beneficial role in weight management and that magnesium may reduce the risk of

type 2 diabetes by improving insulin sensitivity.

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